



How many different seeds can you find

What might like to eat them?



Can you find a wet spiders web glistening in the sunshine?



Find somewhere to sit. Can you be still and quiet for two minutes?

What can you hear?

What do you see?

Breath deeply through your nose what can you smell?

Perhaps you can make a leaf print or a leaf rubbing

We'd love to see these or you pictures you've drawn of taken

[#brinsleywithunderwood](#)



# Autumn activities

Go on a walk round the churchyard or somewhere else in the outdoors

How many different natural things can you find?

Take some pictures or draw what find

Collect fallen leaves or twigs and make a picture



This one is a prayer mandala made from 100 leaves.

Make your own and post a picture on social media

[#100leaves](#)

[#brinsleywithunderwood](#)



Can you name the trees that the different leaves come from





Study a leaf—look at all the detail in it!

Look at all the different shapes and colours

colours and sizes



You created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.  
- Psalm 139:13-14



Remember how God makes each of us different shapes,



Do you know what lichen is? (Hint look at the twigs in this picture)

Can you find some more lichen? The gravestones in the churchyard are a good place to look

What colour is it? What does it look like?

How many squirrels have you found in our churchyard?

Did you find any other creatures?



Have you found any feathers? How many colours can you see in them?

Do you know what bird they came from?

