



## Holy Communion for the season of Lent

Welcome and Notices

### Hymn

**Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Compassion and forgiveness belong to the Lord our God, though we have rebelled against him.

Let us admit to God the sin which always confronts us.

**Lord God, we have sinned against you; we have done evil in your sight. We are sorry and repent. Have mercy on us according to your love. Wash away our wrongdoing and cleanse us from our sin. Renew a right spirit within us and restore us to the joy of your salvation, through Jesus Christ our Lord. Amen.**

Almighty God, who forgives all who truly repent, have mercy upon *us*, pardon and deliver *us* from all *us* sins, confirm and strengthen *us* in all goodness, and keep *us* in life eternal; through Jesus Christ our Lord. **Amen.**

### Songs/Hymn

Bible Reading(s)

Talk

### Hymn

Prayers

*And at the end of the prayers*

Merciful Father,

**accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

**Hymn**

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

*(End streaming)*

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things; who was sent by you in your great goodness to be our Saviour. By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people.

And now we give you thanks because you give us the spirit of discipline, that we may triumph over evil and grow in grace, as we prepare to celebrate the paschal mystery with mind and heart renewed. Therefore with angels and archangels, and with all the

company of heaven, we proclaim your great and glorious name, for ever praising you and *saying*:

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me. In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Jesus Christ is Lord:

**Lord, by your cross and resurrection you have set us free. You are the Saviour of the world.**

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption. As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you. Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of all the saints, may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. **Amen.**

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As our Saviour taught us, so we pray:

**Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done, on earth as in heaven.  
Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.**

**Lead us not into temptation but deliver us from evil.**

**For the kingdom, the power, and the glory are yours now and for  
ever. Amen.**

We break this bread to share in the body of Christ.

**Though we are many, we are one body, because we all share in one  
bread.**

God's holy gifts for God's holy people.

**Jesus Christ is holy, Jesus Christ is Lord, to the glory of God the  
Father.**

Distribution

**Almighty God, we thank you for feeding us with the body and blood  
of your Son Jesus Christ. Through him we offer you our souls and  
bodies to be a living sacrifice. Send us out in the power of your  
Spirit to live and work to your praise and glory. Amen.**

**Hymn**

Christ give you grace to grow in holiness, to deny yourselves, take up  
your cross, and follow him; and the blessing of God almighty, the  
Father, the Son, and the Holy Spirit, be among us and remain with us  
always. **Amen.**

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